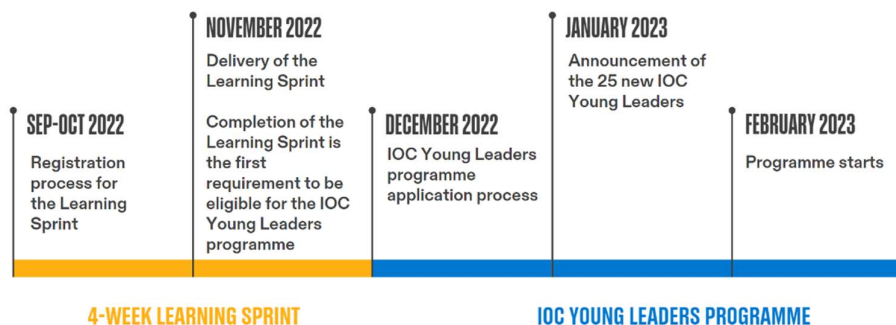




IOC YOUNG LEADERS 2023-2026 APPLICATION AND SELECTION PROCESS



4-WEEK LEARNING SPRINT – what it is and what is required?

- The 4-Week Learning Sprint, which will take place during November 2022, is a virtual learning programme, open to anyone, comprising four virtual sessions dedicated to different topics (includes content about the Olympic Movement, Olympism 365, Olympic partnerships, the IOC Young Leaders Programme, sport-based social business, the UN Sustainable Development Goals and how to achieve them through sport, etc.).

The sessions can be attended live or watched back after they are made available on the IOC's YouTube channel.

Each week, participants will be asked to complete a topic-specific reflection task – linked to each session – which should not take more than one hour to complete.

- Participants will also be encouraged to complete weekly social media tasks in line with the programme's themes and to share their Learning Sprint journeys.
- Completion of the 4-Week Learning Sprint is the first pre-requisite for a candidate to be eligible to apply for the IOC Young Leaders Programme. The application process for the programme will open on 1 December 2022.

Without completing the Learning Sprint (including all tasks), participants will not be eligible to apply for the IOC Young Leaders Programme.

- The 4-Week Learning Sprint is open to anyone, with the target audience aged between 20 and 28 years old.
- Provided all sessions have been followed and the weekly tasks have been completed and submitted in a timely manner (exact deadlines to be announced closer to the time), participants will be able to obtain a Certificate of Participation on behalf of the IOC Young Leaders Programme.



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Requirements and skills:

- Knowledge of English is a must, as all learning materials and communication will be in English.
- A two-hour commitment per week is required to take part in weekly virtual sessions and to fulfil weekly tasks.
- Access to a reliable internet connection and basic technology skills are necessary to navigate four virtual sessions, fill in digital feedback forms and complete weekly tasks.
- Social media skills are required to complete weekly social media tasks.

Content:

- Participants should be interested in learning about the Olympic Movement, Olympism 365 and sport-based social business and development.
- Participants should be interested in applying for the IOC Young Leaders Programme after the Learning Sprint has been completed.

APPLYING TO BECOME AN IOC YOUNG LEADER 2023-2026

Criteria:

- You need to be between 20 and 28 years old at the time of the application.
- You will need to have successfully completed the 4-Week Learning Sprint (Certificate of Participation earned).
- Through the application process, you will need to submit a plan for a sport-based social business or project, which you will work on if selected as an IOC Young Leader.
The proposed plan will need to be based on an existing issue in your community through the lens of the SDGs, and strongly linked to sport-based solutions and the Olympic values.
- The minimum required education level is high school diploma or equivalent.
- You need to have at least one year of work experience (internships and part-time jobs count as well).
- By applying for the IOC Young Leaders Programme, you will be committing to a minimum of three hours per week during the programme, which lasts four years, and must be ready to work on the programme in parallel with your other commitments (i.e. work, studies and sport).
- You need to be involved in sport at some level.
- You should have strong interest in the Olympic Movement and the Olympic values.
- You should be passionate about creating positive change in your community through sport.
- You should be knowledgeable about the UN Sustainable Development Goals.
- For the last four points mentioned above, you should be able to demonstrate through your application, how to link them to your suggested project.



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Expected skills:

- Strong social media and communication skills (monthly posts and social media skills to promote a Young Leader's profile, project and experience).
- Ability to navigate the technology and digital platforms required to complete a virtual programme.
- Ability to work in multicultural settings with people from different backgrounds.
- Basic project management skills.
- Ability to meet project deadlines and manage multiple tasks.

Expected profile:

- You are a team player who is interested in working in a multicultural environment, but are also able to work independently and remotely.
- You have an entrepreneurial mindset and skills and are keen to develop these further.
- You are self-motivated, committed and adaptable.
- You are open to being coached and mentored by experts and peers.
- You are interested in learning how to coach and mentor others.
- You have strong public speaking skills or are willing to develop them.
- You have strong leadership skills or are willing to develop them.

In addition to the outlined criteria and requirements, the following principles will be applied in terms of selection:

- Gender balance.
- Balance in terms of countries and continental regions (one Young Leader per country per cohort).
- Diversity in terms of racial and ethnic backgrounds.
- Diversity in terms of socio-economic backgrounds.
- Variety in terms of sport-based social business ideas and solutions.