Athlete Education Programme

Activities open from 10am to 9pm, October 23rd @ YOV

Athlete Performance

Performance Accelerator*: State of the art technology is employed to carry out a full body evaluation and provide athletes with bespoke physical signatures in order to improve training techniques.

IF Focus Day: Each International Federation define a specific workshop of activity that is enriching for their athletes' development.

Protect the Clean Athlete

Athlete 365:

Safe Sport*: Booth raising awareness about abuse and harrassment in sport and healthy body image via video case studies and online educational tools.

Clean Sport: World Anti-Doping Agency will raise awareness about the risks of doping.

Believe in Sport: Using role play, athletes are encouraged to learn the sport code of conduct with a focus on illegal betting.

Inspiriting Events: As part of the competition schedule, athletes will compete in mixed team events i.e. mixed NOC or mixed gender events.

Athlete Beyond Sport

Athlete 365:

Your Journey Beyond Sport: Open workshops exploring how athletes can prepare for life after sport via some tools from the IOC Athlete Career Programme:
- Act on Your Time (optimizing your time management)
- Balance Your Act (balancing a diverse network of people)
- Sport Up Your Life (exploring various careers in sport)

Olympic Solidarity: Interactive games demonstrates how OS works to provide assistance to NOCs through various programmes.

Game Changers Hub*: Live working space providing athletes with the opportunity to create their own content with social media influencers and get tips on how to make social media work for them.

YOG APOV: Located at the Game Changers Hub, Olympic Broadcasting Service (OBS) leads a workshop on how to film and produce your own video story.

Other

Chat with Champions: ARMs and other special guests take to the stage to share their experience and answer questions from athletes.

Media Training: Experts in the field will share their top tips at CwC space

Cultural Events: A series of cultural activities giving athletes a taste of BA

* IOC focus activity